

ROAD MAP FOR COLLABORATIVE PRACTICE: INTRODUCTORY INTERDISCIPLINARY COLLABORATIVE PRACTICE TRAINING WORKSHOP

Dauphin County Bar Association
Friday, November 13 and Saturday, November 14, 2009

The Collaborative Professionals of Central Pennsylvania and Pennsylvania Psychological Association are pleased to bring **Rita Pollak, Esq.** and **Cathy Heenan, Ed.D.**, to Harrisburg for an introductory, two-day interdisciplinary training workshop in collaborative practice for professionals to be held November 13 and 14, 2009, at the Dauphin County Bar Association. The workshop is designed for all professionals who are interested in being trained in collaborative practice, including, but not limited to, attorneys, psychologists, therapists, social workers, and coaches, and financial advisors.

What does this workshop include?

This is a 2 day introductory interdisciplinary training in collaborative practice. The participants will learn the following:

- 1) What is collaborative practice and how it differs from other dispute resolution processes;
- 2) Why an Interdisciplinary team? The roles of each Team member and the benefits to the clients of having a Collaborative Team;
- 3) Communication skills to support the process; and
- 4) Ways to anticipate, prevent and resolve Impasse.

We will teach, demonstrate and there will be ample opportunity for practice. On the second day we will discuss the international community, IACP and your local collaborative groups.

Who is the faculty for the course?

Rita S. Pollak is a collaborative family law attorney and mediator. She began her legal career as counsel for the Department of Social Services, from 1981 to 1983, when she opened her private family law practice. Attorney Pollak concentrated in representing parents and children in state intervention cases, as well as representing clients and/or minors in adoption and guardianship proceedings. Her family law practice expanded over the years to include an extensive divorce litigation and mediation practice. Over the past 29 years she has been appointed as a Guardian Ad Litem in five counties and serves as a Parent Coordinator for many families who require post-judgment parenting guidance. Since 2000, Attorney Pollak's legal practice consists exclusively of collaborative divorce and mediation.

Attorney Pollak is Past-President of the International Academy of Collaborative Professionals, (IACP), an international organization with more than 3800 members worldwide. She currently serves as the liaison between the IACP Advisory Council and the IACP Board. Attorney Pollak is a former Secretary, Present-elect and President of the IACP. She has been on the Board of the IACP since 2002. She represented the IACP at the First European Collaborative Conference in Vienna, Austria in March of 2007, where there were attendees from 10 countries. She also presented at the Second Annual European Collaborative Conference in Cork, Ireland with Dr. Cathy Heenan, on the topic of Understanding and Managing Impasse, in May of 2008.

Attorney Pollak presented at the 4th annual IACP Forum in Vancouver in 2003 and was co-chair of and a presenter at the IACP Networking Forum in Boston, in 2004. She also presented at the Forum in Atlanta in 2005 and co-chaired the IACP pre-Forum Institute in San Diego in 2006 which introduced a civil collaborative practice training module. Attorney Pollak and Dr. Cathy Heenan presented a pre-Forum Institute at the 9th annual IACP Forum in New Orleans in 2008, on Moving Through Impasse. She has been on the faculty of collaborative law trainings in Massachusetts, New Hampshire, Ohio, Maryland and Maine and has designed and taught comprehensive interdisciplinary collaborative law trainings for lawyers, coaches, child specialists and financial professionals.

Attorney Pollak and Dr. Heenan designed a unique 3-day interdisciplinary collaborative basic training for the Netherlands in January of 2009 and created a Booster Day for those already trained, as well as a second round of the basic training, in April 2009. Attorney Pollak will present in Israel in July of 2009 as a member of an academic Faculty on Collaborative Law.

Attorney Pollak is the past President of the Mass. Chapter of the Association of Family and Conciliation Courts (AFCC) and has presented at both local and international AFCC conferences. She co-founded and co-facilitated monthly holistic lawyers meetings, at Suffolk University Law School, and presented at the International Alliance of Holistic Lawyers in 2003. Attorney Pollak also presented on collaborative law at the ABA/ADR 6th annual conference, Resolution and Resilience in New York, in 2004. In 2000, in concert with Attorney David Hoffman, she co-founded the Massachusetts Collaborative Law Council and was the Council's first, two-term President and remained on the Board until 2007; she is now on the Advisory Board for the Council.

Dr. Cathy Heenan is a licensed psychologist and educator who combines the world of communication and psychology, both in her private practice and as a Coach in the Collaborative Practice. For over twenty-five years she has successfully guided couples in methods that improve dialogue, helping them to emphasize behaviors that create pathways to understanding, respect for differences and resolution of conflicts.

During a divorce, Dr. Heenan works with clients and attorneys as part of the collaborative team. As the team neutral, her participation helps to reduce misunderstandings, clarify interests and goals, and increase effectiveness in achieving a collaborative settlement. She coaches clients in the management of intense feelings to reduce conflict, and provides specific tools and practical strategies to move through obstacles when they occur. For those clients who have children she facilitates creating a healthy environment for co-parenting. In addition, she assists clients in creating a vision for life after divorce.

As a trainer, Dr. Heenan has presented at the International Academy of Collaborative Professional (IACP) Forums in Boston, 2004, San Diego, 2006 and presented at a pre-Forum Institute in New Orleans in 2008 on "Moving Through Impasse". She presented, at the Second Annual European Collaborative Conference in Cork Ireland, on the topic of "Understanding and Managing Impasse" in May of 2008. She has been part of the core faculty of Interdisciplinary Collaborative Law Trainings in Massachusetts, Ohio, Maryland, and Maine. She has also presented at collaborative practice groups in New York and Boston on topics such as "Building Your Team: Improving Communication", and "The Art of Listening".

Dr. Heenan, with a collaborative colleague, designed and presented a unique 3-day Interdisciplinary Collaborative Basic Training in The Netherlands in January, 2009 and again in April 2009. In April 2009, she also presented in Cork, Ireland on "Strengthening and Building the Team." This March she was elected to the Board of the Massachusetts Collaborative Law Council.

Formerly an Assistant Professor of Communications at Northeastern University in Boston, Massachusetts her consulting practice includes clients from both the private and public sector. For example, she worked with both the Massachusetts and Connecticut Departments of Human Services, facilitating statewide efforts to build bridges between licensing regulators, Head Start directors and day care providers.

Dr. Heenan was invited to be part of the expert team of consultants at the Zeytoonian Center for

Dispute Resolution in Wellesley, Massachusetts. She also serves as a consultant to directors and staffs of After-School Programs, facilitating staff communication. Through the Stone Center at Wellesley College she has offered programs in "Training the Trainers: Developing Team Building Skills" taught across the United States.

Dr. Heenan is co-author of *Preparing, Designing and Leading Workshops: A Humanistic Approach* and *Bringing Yourself To Work: A Guide to Successful Staff Development in After-School Programs*. She is author of the article *Whose Wedding Is It Anyway: When Adult Children Get Married*.

Dates/Time/Location

Friday, November 13 and Saturday, November 14, 2009. This is an introductory, two-day workshop. We will meet from 8:00 a.m. - 5:00 p.m. with short morning and afternoon breaks, and a break for lunch. Please plan to be present for the full workshop. The workshop will be held at the Dauphin County Bar Association, 213 North Front Street, Harrisburg, Pennsylvania.

What is the cost and how do I register?

Send a completed registration form and check for \$475.00 (if before October 15, 2009) or \$525.00 (if after October 15, 2009), payable to "CPCP" to:

Karen Wetzler Miller, Esq.
Caldwell & Kearns
3631 North Front Street
Harrisburg, PA 17110

PPA and CPCP members receive a **15% discount** to this training that is co-sponsored by the Pennsylvania Psychological Association and the Collaborative Professionals of Central Pennsylvania. Since many of our workshops fill up quickly and attendance is limited, we encourage you to register early.

What is the size of the workshop?

We limit the size of the workshops so that participants have greater opportunity for role play. We anticipate 25 to 50 participants.

Accommodations and Meals

If you would like assistance in finding comfortable accommodations nearby, please contact us. We will provide a light breakfast in the morning and snacks in the afternoon.

What is the attire of the workshop?

Feel free to wear clothes in which you will be comfortable. Our experience is that people often differ in what they regard as a comfortable room temperature, so you may want to dress accordingly.

Continuing Education Credits

The application for Continuing Legal Education Credits for 13 hours is currently pending and will be approved prior to the date of the training.

This program is co-sponsored by Collaborative Professionals of Central Pennsylvania and the Pennsylvania Psychological Association. The Pennsylvania Psychological Association is approved by the

American Psychological Association to sponsor continuing education for psychologists. PPA maintains responsibility for the program. 13 C.E. Credits will be offered. The Pennsylvania Psychological Association is an approved provider for Act 48 Continuing Professional Education Requirements as mandated by the Pennsylvania Department of Education. Partial credits will not be awarded.

Social Workers, Marriage and Family Therapists and Professional Counselors can receive continuing education credits from continuing education providers approved by the American Psychological Association. Since the Pennsylvania Psychological Association is approved by the American Psychological Association to sponsor continuing education, licensed social workers, licensed clinical social workers, licensed marriage and family therapists, and licensed professional counselors will be able to fulfill their continuing education requirement by attending PPA continuing education programs. For further information please visit the State Board of Social Workers, Marriage & Family Therapists and Professional Counselors Web site: www.dos.state.pa.us/social.

Please join us!

We hope you will be able to join us for this professional training workshop. If you have questions, feel free to call Karen Miller at (717) 232-7661. We look forward to seeing you in November.

CPCP INTRODUCTORY INTERDISCIPLINARY TRAINING
REGISTRATION FORM

November 13 and 14, 2009
Dauphin County Bar Association
213 North Front Street,
Harrisburg, PA

Name: _____
(as you would like it to appear on your certificate, including degrees)

Phone: (H) _____ (W) _____ (C) _____

E-mail: _____

Address: _____

Occupation: _____

Workshop Fees:

\$475.00 Early Registration due on or before October 15, 2009.
\$525.00 Registration Fee after October 15, 2009.

NOTE: PPA and CPCP members receive a 15% discount to this training that is co-sponsored by Pennsylvania Psychological Association and the Collaborative Professionals of Central Pennsylvania. Workshop fees are refundable, less \$25 service fee, up to three weeks prior to the training.

Payment Amount: _____ Check Number: _____

Please send completed form and check, payable to CPCP, to:

Karen Wetzler Miller, Esq.
Caldwell & Kearns
3631 North Front Street
Harrisburg, PA 17110
(717) 232-7661